

SUPPORT TO THE SAFE MOTHERHOOD PROGRAMME

Update on Major Activities in May 2009

Output 1: Equity and Access (EA) (ActionAid)

- The FHD Director and Senior Public Health Officer, with the EA Adviser, visited Kanchanpur district (where EA activities are being initiated through SSMP FA) to monitor activities, support the DPHO and implementing NGO and visit Dekhatbhuli VDC and SHP. Major gaps identified in the health facility were:
 - No institutional delivery
 - 2nd dose Tetanus Toxoid coverage is very low
 - ANC/PNC records are not maintained by ward.
- Kanchanpur DPHO selected an NGO (Nepal Environment and Education Development Society - NEEDS) to implement EA initiatives in eight selected VDC. The EAP central team has supported capacity building of the NGO on SMNH, rights and social inclusion.
- EA Adviser visited Dailekh district to monitor EAP activities including birthing unit and telephone referral.
- End-line KAP survey in eight EAP districts is nearly completed by Valley Research consulting company and institutional delivery data collection is ongoing. The EA Adviser and EAP central team undertook a monitoring visit to Rupandehi, Nawalparasi and Chitwan and Morang and Dadeldhura districts. We found survey work is going smoothly.
- The EA Adviser attended/facilitated regional review workshops for RH focal persons in the far-western region. The review was participatory with good information sharing and it was recommended that it should be conducted with the D/PHO at least on a yearly basis.
- The EA Adviser provided technical support in producing the draft GSI strategy based on three regional consultation workshops (Nepalgunj, Biratnagar and Pokhara).
- An independent evaluation team from Social Welfare Council visited Myagdi and Morang, meeting DHO staff, EASOs, network members, Mothers groups and visiting some VDCs.
- ActionAid Nepal assigned Mr. Khemraj Upadyaya, ActionAid Programme Head as a point person for EAP, to whom the EAP team leader will report.
- EAP district coordinator Rupandehi participated review of the ambulance policy.
- District staff and the EAP central team are working on documentation of EAP learning, case stories and overall programme achievements at the district level. A consultant will be hired for final documentation.
- EAP is providing input to establish/organise cooperatives or affiliate with existing cooperatives in Chitwan, Morang and Myagdi districts.
- In Parbat LDO, WDO, PHN, EASO Field coordinator and EAP District coordinator made a joint monitoring and supervision visit to the EAP working area.
- EAP initiated display of a blue flag at pregnant women's houses in Dailekh and Parbat is also replicating, including printing of congratulation letter to be given to pregnant women.
- In Dailekh, 10 more VDCs (35 up to last month) have appointed ANMs for safe delivery service in Sub-Health Posts. The salary is paid by the VDCs.
- In Rupandehi SMNH groups organised information dissemination campaign for free health service and "Ama suraksha" programme in 11 VDCs and the Municipality. The event was supported by DPHO.

Output 2: Service strengthening

- Participated in the Nursing Association of Nepal (NAN) conference
- Participatory planning for CEOC services carried out in Makwanpur
- Participated in ToT for master trainers (HMIS personnel) for EOC monitoring
- Participatory planning workshop planned and carried out for safe motherhood services in Sarlahi Hospital
- Participated in working group for use of Misoprostal for PPH management, chaired by Director General of DOHS
- Made a list of health workers to receive SBA training from birthing centres where participatory planning workshops have been conducted.
- Made a list of C/BEOC sites and birthing centres for distribution of appropriate equipment
- Made list of health facilities for which OT management and Anaesthesia Assistant training is required for nurses or HAs and C/S training for medical doctors
- Participatory planning workshop carried out for birthing centre at Kaigan Health Post in Dolpa
- Provided instruction to regional coordinators for reviewing safe motherhood activities and updating 24 hr functioning birthing centres in each region

United Mission to Nepal (UMN) (2 districts)

Mugu

- Follow up visit to Sreekot and Natharpu health posts
- Follow up support to the district hospital and HFMC on their commitments
- IP training for Natharpu health post
- Discussion for planning at the Kimri health post (postponed several times due to DPHO staff travel and UMN staff emergency leave)

Rupandehi

- Follow up support to Majegaun health post and HFMC
- Phone consultation and support to Ryapur PHCC HFMC regarding staff management and review planning discussion
- Support and follow up visit to Suryapura SHP, Dhakdai PHCC and Parroha health post on HFMC support, quality improvement and review planning discussion
- Participation at staff and client interaction at Dhakdai PHCC
- Coordination with PHN for RHCC meeting supporting
- Sharing and planning meeting with EAP local partners
- A number of activities were postponed due to frequent Bandhs (strikes) in Rupandehi

UNICEF (8 districts)

- Infection Prevention Support:
 - Direct IP technical support at BC in Jumla
 - Placenta pit construction at all BCs of Udayapur
 - IP on site training (3-days) at 2 BC in Panchthar, and Lamahi PHCC and Gadhawa HP in Dang
- Support for creating enabling environment through AI/MNH approach:

- Support of district level review meeting (only technical support, cost carried by red-book and DHO)
 - Ravi PHCC planning and review meeting (technical support, budget through red-book and DHO)
- Support to birthing centres/BEOC:
 - Furniture, equipment and supplies for all birthing centres in Udayapur districts according to action plans of BT teams: Essential furniture, solar and inverter.
 - Direct technical support for BEOC (plus assessment of equipment gap for effective BEOC) and support EOC reporting at Sishania and Manpur HP, Tulsipur hospital and Shreegaun PHC.
- Public Private Partnership:
 - 2 days workshop at Bheri Zonal Hospital on PPP for MNH.
 - Drafted PPP operational guidelines for Bheri Zonal Hospital.
- Support to the FCHV network: Support to FCHV reporting system in Dang district
- Community mobilisation:
 - Developed national guidelines for WATCH group formation and operation, under approval at MLD. Watch group training completed in 2 VDCs.
 - Display of hoardings on maternal, newborn danger signs, three delays, essential newborn care and 4 ANC visits in Nepalgunj (BZH and major road junctions)
- PMTCT: Orientation programme at Seti zonal hospital, Mahakali Zonal hospital and Mid-Western Regional Zonal Hospital, Surkhet
- Review and coordination meetings: Regional Health Coordination meeting in Nepalgunj and Regional Review of Health Services of Mid Western Regional Health Directorate at Surkhet and Nepalgunj.
- Strategic analysis for reaching MDG 4 and 5: Preparation of sub-national analysis in order to complete the national analysis conducted in November 2008, focusing on equity, workshop planned 16-18 June with participation of MoHP and Divisions, and donor agencies (USAID, DFID, WB, GTZ)

TCIC (Abortion)

Training

- Facilitated one batch of training for government doctors at LZH (8 participants) and one at Bharatpur Hospital (9 participants)
- Facilitated one batch of training for government nurses at MH (7 participants)
- Coordinated with SSMP to include CAC training site participants in Clinical Training Skills course (from BPKISH, TUTH, Bharatpur Hospital, Lumbini Zonal Hospital)
- Facilitated NHTC to incorporate MA in existing CAC training package (doctors and nurses)

IEC/BCC

- Conducted FCHV orientation programme in Makawanpur District
- Conducted focus group discussion in Tanahu District for radio programme evaluation

Policy/Listing/Drug and Equipment

- Supported FHD in conducting CAC Advisory Committee Meeting
- Provided advocacy inputs for nurses through NAN conference.
- Promoted MVA through a stall at the NAN conference.

Monitoring

- Provided onsite technical support and coaching at second trimester sites.

- Drafted and collected questionnaires for MA evaluation.
- Conducted monitoring visit to 12 government and 5 private sites.

Medical Abortion

- Visited 5 MA districts (Dhading, Tanahun, Chitwan, Surkhet, Kailali) to gather findings about MA services (experiences, problems, good lessons learned, overall perception and suggestions for future programming) from the providers, focal persons and clients.
- Entered HMIS 11 data from December 2008 for analysis.
- Formed a team to review existing MA training curriculum including the training schedule
- Continued collection of MA data from six pilot districts.

Output 3: Public Private Partnerships

No separate activities under this output, which cuts across the work of other outputs.

Output 4: Decentralisation

No separate activities under this output, which cuts across the work of other outputs.

Output 5: Human Resource Development

- Coordination for post training follow up of SBA graduates from five training sites.
- Technical support and participation in NAN national conference
- Participation in annual Eastern regional review meeting
- Technical support for Clinical Training Skills (CTS) training for senior service providers
- Technical support for development of standards for SBA on-the-job training .
- Coordination and technical support to NNC and NHTC for strengthening pre-service education on SBA core skills and monitoring the pre-service programme.
- Continuing technical support for SBA training at different SBA training sites.

Output 6: Information

- Supervised and monitored the Maternal Mortality and Morbidity Study (MMMS) field work in Jumla and Sunsari districts.
- Supervised and monitored the Equity and Access Programme's Knowledge, Attitude and Practice end line survey work in Morang district.
- Participated in the social inclusion monitoring workshop conducted by Health Management Information System Section of Management Division.
- Helped conduct appreciative inquiry workshop in Malangwa, Sarlahi district for establishment of CEOC facility in the district hospital.
- Met Mr. Deepak Poudel, USAID to discuss the MMMS activities and budget. Mr. Poudel was briefed and updated on the progress on MMMS.
- MMMS exit dissemination was conducted in Baglung by the district coordinator for the hospital staff, DPHO, representatives of NGOs and other related staff.

Output 7: Physical assets

No report as adviser out of country

Output 8: Finance

- Disbursed the final FA fund to all districts and collected financial reports from Aama programme implementing health facilities. **Rajan**
- Participated in FHD regional review meetings held in Biratnagar, Pokhara, Nepalgunj and Dhangadhi. **Rajan**

Safe Delivery Incentive Programme (SDIP)/ Aama Programme

- Organised 2-day debriefing meeting on Aama programme social audit implemented in Jumla, Mahottari and Panchthar districts. Immediate results showed greater participation (of local government, civil society, local people) and transparency maintained in the Aama programme fund disbursement.
- Prepared and presented a paper on SDIP in the scientific session of Nepal nursing association (NAN) annual conference
- Worked on the ToR for research and monitoring fund for SSMP
- Supervised the field activities of the Aama programme rapid assessment in Darchula district, with the SSMP team leader and Mr B.R Dotel from FHD. The team visited the district hospital, Banj health post, Gokuleshowr PHCC in Darchula and the district hospital, Dehimandu SHP and Patan PHCC in Doti district. They also conducted a discussion on the Aama programme at TEAM hospital, Dadeldhura. The team provided recommendations, which are currently being followed up
- Facilitated the first programme visit of the new head of DFID-Nepal to Bheri Zonal hospital and Khajura PHCC, including preparation of briefing on the Aama Programme
- Monitored and cross verified fund implementation of the Aama programme in Banke, Surkhet, Morang, Illam, and Panchthar districts.
- Supported Nepalgunj Medical College in beginning implementation of the Aama Programme (from current Nepali fiscal year).

List of Acronyms

AAN	ActionAid Nepal
AI	Appreciative Inquiry
BCC	Behaviour Change Communication
BEOC	Basic Emergency Obstetric Care
BPP	Birth Preparedness Package
CAC	Comprehensive Abortion Care
CEOC	Comprehensive Emergency Obstetric Care
CHD	Child Health Division
CREHPA	Centre for Research in Environment Health and Population Activities
DoHS	Department of Health Services
D/PHO	District/ Public Health Officer
DUDBC	Department of Urban Development and Building Construction
EA	Equity and Access
EAP	Equity and Access Programme
FA	Financial Aid
FCHV	Female Community Health Volunteers
FHD	Family Health Division
FP	Family Planning
HMIS	Health management Information System
HP	Health Post
HSIS	Health Sector Information System
HSR-SP	Health Sector Reform - Support Programme
IoM	Institute of Medicine
JAR	Joint Annual Review
LMD	Logistics management Division
MD	Management Division
MMMS	Maternal Mortality and Morbidity Study
MoHP	Ministry of Health and Population
MSI	Marie Stopes International
MVA	Manual Vacuum Aspiration
NDHS	Nepal Demographic and Health Survey
NESOG	Nepal Society for gynaecologists and Obstetricians
NFE	Non Formal Education
NGO	Non Government Organisation
NHEICC	National Health Education Information Communication Centre
NHTC	National Health Training Centre
NSI	Nick Simons Institute
PHN	Public Health Nurse
PNC	Post Natal Care
RH	Reproductive Health
RHCC	Reproductive Health Coordination Committee
SBA	Skilled Birth Attendant
SDIP	Safe Delivery Incentives Programme
SED	Safe and Effective Development
SHP	Sub Health Post
SMNF	Safe Motherhood Network Federation
SMNH	Safe Motherhood and Newborn Health
SSMP	Support to the Safe Motherhood Programme
TCIC	Technical Committee for Implementation of Comprehensive Abortion Care
ToR	Terms of Reference
TUTH	Tribhuvan University Teaching Hospital
UMN	United Mission to Nepal
UNFPA	United Nations Fund for Population Activities
UNICEF	United Nations Children's Fund
VDC	Village Development Committee