



SUPPORT TO THE SAFE MOTHERHOOD PROGRAMME

Update on Major Activities in October 2008

Output 1: Equity and Access (EA)

- Organised a three-day Rights Based Social Inclusion refresher training for EA programme staff, the DDCs and D/PHOs for the eight EA programme districts. MoHP officials and EA programme central staff also attended. The training was productive in developing a common understanding on rights and social inclusion in the health sector and discussing various programme analysis tools. An orientation guideline was developed for district level and below, which will be finalised during the D/PHO regional workshops.
- Facilitated a one-day SED risk analysis workshop for the EA programme central and district teams in Butwal.
- Finalised an MoU for advocacy with Safe Motherhood Network Federation.
- Made preparations and developed ToR for selection of two additional districts for implementation of EA work under the FHD FA plan.
- Preparations completed for introducing new referral systems in Dailekh, only waiting delivery of CDMA phone from Nepal Telecommunication.
- Facilitated NHEICC in developing an MoU with Nepal Television and Radio Nepal to develop and broadcast *Aama* Television and Radio programme nationally under FA funding.
- Received JHU/CCP closing report for finalisation.
- The EA team organised the biannual review meeting to assess the achievements, constraints and learning of the programme in the first half of the third plan period (from May 2008), including participants from the EA central and district teams and the SSMP adviser. The meeting also developed action plans to implement the recommendations of Deborah Thomas's report (visiting Options/ London consultant).
- The Planning Monitoring and Evaluation Specialist and Dadeldhura District Coordinator have resigned. Recruitment of a replacement PME specialist is in process and one of the NGO field coordinator working in Dadeldhura was promoted to assistant district coordinator.
- The Mass Communication Organisations (MCOs) prepared and aired four episodes of *Aama* radio magazine (episodes 57-60) through local FM radio stations.
- Nine co-operative management trainings were provided to community women's groups in Nawalparasi.
- Local NGO partners in Dailekh provided network management training to women's networks at VDC level.
- Regular social mobilisation and group facilitation is ongoing in all EA programme districts, as core activities of the local NGO partners.



Output 2: Service strengthening

- Participated in the technical group meeting for the caesarean section training package
- Prepared a list of priority sites for placement of staff nurses, ANMs, caesarean section providers (MDGP/Gynaecologist) under the FA budget
- Flow chart flexes were distributed to SBA training sites and health facilities with birthing sites in SSMP partner districts
- An updated list of PHCCs and health posts with 24-hour delivery services, hospitals/ PHCCs providing B/CEOC services and private sector institutions was received from regional coordinators and public health nurses
- ToRs were prepared for contracting staff nurses and MDGPs by district under FA
- Listed MD passed Gynaecologists from NAM institute under GoN scholarships
- Coordinated with Dailekh DHO and Nepalgunj Medical college for CEOC service provision in Dailekh
- Attended Community Based Newborn Care technical working group meeting.
- Supported planning of SBA orientations for PHNs to enable them to monitor services at birthing centres (three sites: Biratnagar, Pokhara and Kathmandu)

United Mission to Nepal (UMN) (2 districts)

Central

- MNH Officer Capacity Building Workshop and planning for the next six months
- Prepared first draft of guideline for three-day AI-COPE/PLA Workshop
- Discussed modification of SSMP/ UMN workplan with FHD and SSMP core team staff

Rupandehi

- Health facility monitoring visits to follow up on action plans and HFMC strengthening to Dhakdahi PHCC, Parroha HP, Motipur PHCC, Rudrapur SHP, Suryapura SHP, Rayapur PHCC and Majegaun HP
- Planning meeting with DPHO, PHN and UMN Officer for next six months activities
- Equipment support provided to Suryapura SHP in coordination with local NGO, to establish 24-hour delivery services
- Supported recruitment of two ANMs by HFMC of Rudrapur SHP

Mugu

- No activities carried due to long holiday – all staff were out of station.

UNICEF (8 districts)

- Client exit interviews: enumerator training completed in Kavre district



- SBA training site support: Follow up on equipment supplies and coordination with NHTC for certification of four sites (Kavre, Saptari, Dang and Bheri Zonal Hospital). SBA training starts 9 November in Dang, 10 November in Saptari.
- AI ToT refresher training in Kavre: 17 local facilitators from Kavre district trained
- Radio-FM, Ramaroshan in Achham continued airing of the 20 episodes of the Safe Motherhood Drama serial *Jeevanko Jimmewari* (started on 4 September 2008.)
- Joint monitoring visit to 24-hour birthing centre in Kavre with the Director and Sr. PHA of FHD and the DHO, Kavre. The FHD Director was impressed by the results of AI workshops and limited training required to achieve functional peripheral 24-hour delivery services. He requested guidance for replication in other areas. Having seen the good results and in view of the commitment to free delivery, FHD plans to use our approach to increase the availability of delivery at peripheral levels. Already scaling up is planned for 28 districts at 53 sites.
- Annual progress report submitted to DfID.

TCIC (Abortion)

Training:

- Organised one batch of CAC training for medical doctors at MSI (8 govt and one MSI)
- Monitoring visit to Dhading with Sarah Stucke from Ipas

IEC/BCC

- Drafted six types of IEC material for medical abortion

Policy/Listing/Drug and Equipment

- Linked CAC providers with the distributor of MVA sets (Atlas Trading Concern) for promotion of MVA sales.
- Oriented nursing staff and cleaners of Koshi Zonal Hospital, Mechi Zonal Hospital and other private institutions in eastern Nepal on MVA cleaning process.

Monitoring

- Initiated planning meeting with Seti Zonal Hospital Staff for preparation of model CAC service and training site.
- Orientated Public Health Nurses at Pokhara, Biratnagar and Kathmandu on government monitoring system.
- Provided technical support on ICIS (Integrated Comprehensive Information of the Health sector)
- Followed up four trainee service providers.

Other activities



- Facilitated a workshop on medical abortion organised by Gynuity

Output 3: Public Private Partnerships

No separate activities under this output, which cuts across the work of other outputs.

Output 4: Decentralisation

No separate activities under this output, which cuts across the work of other outputs.

Output 5: Human Resource Development

- Coordinated organisation of SBA core skills orientation for 45 PHNs at three training sites (see also output 2)
- Provided supportive supervision during the SBA core skill orientation for PHNs at Koshi Zonal hospital
- Reviewed quality improvement at SBA training sites implementing the self assessment quality improvement tool
- Finalised contract with NESOG for development of C/Section training package for medical officers and provided supportive follow up on the consultant's work.

Output 6: Information

- Visited Rupandehi district with the SSMP Team Leader to supervise and monitor the Maternal Mortality and Morbidity Study (MMMS) 2008/09 field work. This included Lumbini Zonal Hospital, Bhim Hospital, Universal College of Medical Sciences, AMDA Hospital, Butawal and Siddhartha Municipalities and the household of a woman who died due to maternal causes.
- Worked with Dr Sarah Barnett and prepared presentation and agenda for the MMMS Technical Advisory Group (TAG) meeting.
- Supported development of the poster presentation for the stillbirth conference in Oslo, Norway, to be given by Dr Sudha Sharma, Secretary, MoHP.

Output 7: Physical assets

- Supported the FHD request to DFID for direct procurement of equipment for different SMNH sites
- Updated various drawings and photos in the infrastructure database collected from different



sources.

Output 8: Finance

- Participated in the regional review meeting in Dhangadhi. **Rajan/Suresh**
- Supported FHD to prepare, collect approvals and dispatched the district level annual plan and budget.

Safe Delivery Incentive Programme (SDIP)

- Submitted the SDIP six monthly report to DfID.
- Organised a meeting of the SDIP technical committee to prepare guidelines for the new free delivery care policy with incentives to mothers.
- Supported CREHPA in finalising the data analysis approaches of the SDIP rapid assessment
- Collected and analysed the SDIP financial reports from all participating institutions.
- Provided to DfID the estimated budget for free delivery care and incentives to mothers required for the period of 2009/010 to 2017/018.



List of Acronyms

AAN	ActionAid Nepal
BCC	Behaviour Change Communication
BEOC	Basic Emergency Obstetric Care
BPP	Birth Preparedness Package
CAC	Comprehensive Abortion Care
CEOC	Comprehensive Emergency Obstetric Care
CFUG	Community Forest User Group
CHD	Child Health Division
CREHPA	Centre for Research in Environment Health and Population Activities
DoHS	Department of Health Services
D/PHO	District/ Public Health Officer
DUDBC	Department of Urban Development and Building Construction
EA	Equity and Access
FA	Financial Aid
FCHV	Female Community Health Volunteers
FHD	Family Health Division
FP	Family Planning
HMIS	Health management Information System
HP	Health Post
HSR-SP	Health Sector Reform - Support Programme
IoM	Institute of Medicine
JAR	Joint Annual Review
LMD	Logistics management Division
MD	Management Division
MMMS	Maternal Mortality and Morbidity Study
MoHP	Ministry of Health and Population
MSI	Marie Stopes International
MVA	Manual Vacuum Aspiration
NDHS	Nepal Demographic and Health Survey
NESOG	Nepal Society for gynaecologists and Obstetricians
NFE	Non Formal Education
NGO	Non Government Organisation
NHEICC	National Health Education Information Communication Centre
NHTC	National Health Training Centre
NSI	Nick Simons Institute
PHN	Public Health Nurse
PNC	Post Natal Care
RH	Reproductive Health
RHCC	Reproductive Health Coordination Committee
SBA	Skilled Birth Attendant
SDIP	Safe Delivery Incentives Programme
SED	Safe and Effective Development
SHP	Sub Health Post
SMNF	Safe Motherhood Network Federation
SMNH	Safe Motherhood and Newborn Health



SSMP	Support to the Safe Motherhood Programme
TCIC	Technical Committee for Implementation of Comprehensive Abortion Care
ToR	Terms of Reference
TUTH	Tribhuvan University Teaching Hospital
UMN	United Mission to Nepal
UNFPA	United Nations Fund for Population Activities
UNICEF	United Nations Children's Fund
VDC	Village Development Committee