



## SUPPORT TO THE SAFE MOTHERHOOD PROGRAMME

### Update on Major Activities in March 2008

#### General

- All advisers worked with their direct government colleagues to develop the plan for activities funded under SSMP financial aid in fiscal year 2008/2009
- Advisers worked on the final plan for SSMP technical assistance for 2008/2009

#### Output 1: Equity and Access (EA) (including AAN and JHU/CCP)

- SSMP's EA Adviser, Hom Nath Subedi, was invited to join MoHP's high level planning team.
- EAP Team Leader and FHD's Mr. Bhogendra Dattel presented a case study at a global OECD-DAC meeting in London on 'Development Effectiveness and Cross Cutting issues of Environmental Sustainability, Social Inclusion, Gender Equality and Human Rights'.
- DFID Health Advisers (Ms Susan Clapham and Sushil Baral) and communication officer visited Dadeldhura district to observe the EA programme .
- SSMP supported SMNF in organising a rally in Kathmandu to celebrate International Women's Day (as Safe Motherhood Day), with technical inputs from JHU/CCP. The main aim was to encourage political parties to speak out on maternal and newborn health issues during their campaigning for the forthcoming elections. More than 1,000 women and men joined the rally, which ended with a visit to Maternity Hospital. The event was covered extensively by TV and FM radio. District EA partners also celebrated international women's day in their communities and districts, with a range of events.
- As a part of the SMNF Annual General Meeting, SSMP provided technical and financial support for one day follow-up of the Parliamentarians' event organised in September 2007. EAP's Voice and Social Inclusion Specialist presented the findings of the first round of voice capturing from programme districts. The presentation was much appreciated by participants and was covered by some daily newspapers.
- Training of Trainers on Key Informant Monitoring (KIM) as part of voice capturing was organised in Chitwan for the voice capturing organisations. It was facilitated by Surbir Sthapit (HICODEF) and the EA team with technical assistance from Ben Rolfe (Options).
- SSMP and JHU/CCP provided technical support for meetings on developing a BCC strategy for a Community-Based Newborn Care Package to be piloted by CHD.
- JHU/CCP and the EA advisers worked on a communication/ BCC plan for SDIP, collaborating with the BCC Technical Working Group, FHD, NHEICC, UNICEF, UNFPA.
- Participatory Review and Reflection Process was carried out in all eight EA districts and social audits in three. The EA team all participated. Achievements, challenges and learning of the last year were shared and discussed and plans for the next year.
- Training on NGO management held for coordinators, accountants and board members of local partners in Parbat and Baglung, facilitated by the senior finance manager of EAP.
- JHU/CCP supported the EA district partners to develop and localise BCC materials; two pictures were pre-tested in 4 communities in Dadeldhura and two posters promoting PNC support by husband and mother in law are being developed using the results.
- JHU/CCP provided support for Inter Personal Communication skill training for health workers in Dailekh, based on NHEICC's IPC curriculum.
- JHU/CCP, with the EA team, facilitated finalisation and approval of the design document for *Aama* radio programme next 26 episodes, in English and Nepali.
- JHU/CCP provided support to UNICEF for launch of radio drama serial *Jeevenko Jimewari* to be aired from Karnali FM in Jumla.



- Ms. Deborah Thomas (Social Development Specialist from Options) visited to review SSMP social development and EA work and track progress against the logframe .

## **Output 2 : Service strengthening**

- Arranged participatory assessment and planning workshop to establish 24-hour delivery services in three more PHCC in EA districts (Takam PHCC of Myagdi, Khairani and Jutpani PHCC of Chitwan). In Jutpani, the space is insufficient and the HFMC contributed resources for renovation work.
- During a support visit to UMN in Rupandehi, the SBA and CAC training centres at Lumbini Hospital were also visited. AMDA hospital was also visited and possibilities explored possibility for starting an SBA training centre. The hospital is suitable (high case load) and the director is interested.
- Provided inputs to students from University of London involved in a project named Health Partnership in Nepal with Nepal Medical college. They want to support Nuwakot Hospital and PHCC maternal health services.
- Attended MDGP advocacy meeting with NSI, the Director General of DoHS and FHD Director to discuss progress on developing a carrier path for MDGPs, which is now at the Public Service commission for approval and comment.
- Attended 80<sup>th</sup> SMNSC meeting and presented a list of infrastructure completed and FHD service strengthening plans. Asked for facilitation support in districts where partners are working. Many partners volunteered to provide local support for health facilities.
- Arranged a two-day retreat to finalise the reality of funding for the FHD annual plan.
- Advisers and partners attended the NESOG conference and gave presentations on various aspects of SSMP's work. A one-hour session was arranged for FHD/SSMP presentations, which included three papers: Institutionalisation of the Maternal and Perinatal Death Review System in Nepal, Institutional Deliveries in EA districts and Strengthening Health Facilities by working with HFMC using appreciative inquiry.

### ***United Mission to Nepal (UMN) (2 districts)***

The new MNH Adviser, Ms Sabitra Kaphle, began work

#### Mugu

- Action plan follow up meeting conducted at Nathapuri Health Post. The community has built a compound wall using locally available crafts and wood
- Service utilisation has increased in Shreekot Health Post (10 delivery cases reported for last month). Community awareness has increased in the area through the information sharing and educational activities of a local NGO
- International Women Day was celebrated with women from five VDCs around the district headquarters, with folk song competition organised by local NGOs, supported by UMN.
- Programme budget and activity plan revised in consultation with DHO and UMN cluster team.

#### Rupandehi

- Action planning was carried out at Motipur PHCC
- Programme budget and activity plan was revised in consultation with the DHO and UMN cluster team
- SMNH activities were planned for the next three months in consultation with the DPHO and PHN.
- Monitoring visit by the SSMP Team Leader, FHD Director, Senior PHN and UMN to Dhakdai, Parroha and Motipur PHCC.



- Action plan follow up and monitoring visit conducted jointly by PHN and UMN Officer in Dhakdai PHCC
- Coordination meeting with DPHO team for planning and implementation of SMNH activities in the district.

### **UNICEF (8 districts)**

- Developed concise MNH Checklist/Facilitation Guideline for short review and monitoring visits at HP/PHCC and hospital.
- Recapitulation of District Human Resource Status (District Hospital, District Public Health Section and District Health Office as a whole) in Achham
- All six MNH consultants participated in the UNICEF Health and Nutrition section retreat MNH Consultants. Work plans for 2008 for all MNH districts were finalised and approved.
- Joint Action Plan of UNICEF/FHD for the FY 2008/09 submitted to FHD and SSMP
- Presentation made to Monitoring and Evaluation Sub Committee on monitoring and evaluation of Maternal and Newborn Health Project and attended workshop to work on further details.
- Community level FCHV training on MNH completed in Udayapur and Panchthar, ToT in Humla.
- BCC activities especially for radio airing of *Jeevan Ko Jimmewari* carried out in Jumla.
- SBA workshop at Deuri HP of Udayapur completed.
- Conducted on-site training on infection prevention, recording and reporting system and partograph in Hatsinja HP (birthing centre) in Jumla.
- Conducted 2<sup>nd</sup> quarterly review meeting in Dillichouer SHP birthing centre and reviewed the breakthrough tasks in BT team of Jumla.
- Completed one day MNH review in Kamalbazaar PHCC and Hitchma HP in Achham.
- Breakthrough team meeting conducted in Kabhre district with all teams, positive progress seen in evidence based practices and improved facilities.
- Monitoring and supervision visit to Mahendra Hospital, and DHO Dang.

### **TCIC (Abortion)**

- Provided capacity building for 150 NGO partners on IEC for Safe Abortion Services.
- Four episodes of radio drama on SAS aired and 4 episodes reviewed for the next month.
- Documented the findings of effectiveness of early identification of pregnancy in Bhaktapur District.
- Posted the names of all listed SAS sites in the national newspapers.
- Trained 23 senior ob/gyn, 9 MBBS doctors and 5 nurses as SAS providers.
- Carried out Ipas trainee and site monitoring follow-up.
- Carried out monitoring visits to 6 government and 8 non-government sites.
- Developed a final proposal on post SAS complications study.
- Provided RH clinical protocol to 96 public sites, NGOs and training centres.
- Developed FY09 plan for Ipas.
- Supported organisation of a workshop on "Dissemination of FIGO initiative situation analysis of unsafe abortion in Nepal" and developed a strategic plan to address unsafe abortion.
- Presented 7 papers on Safe Abortion at 10<sup>th</sup> NESOG conference.
- Attended dissemination workshop on "Pre-Post abortion legalisation trends" organised jointly by University of California San Francisco, TUTH, Maternity Hospital and CREHPA.



### **Output 3: Public private partnerships**

No separate activities under this output, which cuts across the work of other outputs.

### **Output 4: Decentralisation**

No separate activities under this output, which cuts across the work of other outputs.

### **Output 5: Human resource development**

- An agreement was signed with the Institute of Medicine for development of a pre-service strategy for training SBAs and updating the curricula for doctors and high level nursing courses (bachelor) to include SBA skills and knowledge.
- Supported needs assessment for potential SBA training sites in Surkhet, Banke and Bardiya.
- Participated in meetings and with the human resource management consultant for HSR-SP, who will be assessing sites (zonal hospital to health post level) for their capacity to provide B/CEOC and/ or delivery services.
- Provided support and advice for SBA/ OTTM training at Maternity Hospital and TUTH. Since initiation of the SBA training programme in January 2007, a total of 267 SBAs (doctors, nurses and ANMs) have been trained, and in the current fiscal year (2007/08) 19 nurses have received OTTM training.
- Provided support and coordination for anaesthetics assistant training. In this fiscal year (2007/08) 18 health assistants and nurses received AA training.

### **Output 6: Information**

- Attended meeting in the Central Bureau of Statistics and succeeded in justifying inclusion of a questionnaire in the 2011 census to generate data for calculating the maternal mortality ratio (national and sub-national estimates). Explained the methodology and provided the relevant papers to the Director general of the DoHS and Chief of Census in CBS.
- Participated in the Community Based Newborn Care Programme (CB-NCP) Committee meeting as a monitoring and evaluation subcommittee member.
- Provided support for developing Community Based Newborn Care Programme monitoring and evaluation indicators and tools.
- Meeting with Dr Debendra Karki, USAID and Mr Yogendra Prasai, New ERA to discuss publishing an advertisement for one senior researcher, one researcher and eight coordinators.
- Provided inputs to the summary DoHS annual report for FY 2007/08 for FHD related activities.

### **Output 7: Physical assets**

- Organised ToT for regional medical stores and LMD staff on operation of a web based Logistic Management Information System (LMIS) and web based Inventory System. In addition, provided computer packages for 1 central, 5 regional and 19 district stores needed to make the system operational. UNFPA, NFHP will provide the balance of districts with similar computing packages.
- Organised training for staff from Management Division and the Department of Urban Development and Building Construction on new "Health Infrastructure Inventory System" software.
- Organised workshop to discuss the functions of various health infrastructure as a pre-cursor to the development of Health Infrastructure Standards for Nepal.
- Attended DFID meeting on "Green Environment", aimed at improving environmental awareness and conservation in the work place.



## Output 8: Finance

### ***Maternity Incentives Scheme / Safe Delivery Incentives Programme (SDIP)***

- Travelled with FHD Director to cross verify use of the incentive provided to mothers, the medical cost charged by health institutions and claims for home delivery.
- Facilitated SDIP orientation and planning meeting for 40 doctors, nurses, medical recorders and accountants from teaching and community hospitals in Kathmandu. In addition, provided inputs for the SDIP implementation at Nepalgunj medical college.
- Compiled peer review comments on the SDIP Rapid Assessment Report submitted by CREHPA and prepared a summary document.
- Collaborated with NHEICC/JHU CCP to develop an SDIP communication strategy.
- Facilitated reviews with SM Regional Coordinators (SMRC) and supplied them with laptops, printers and logistical support. In addition, obtained support from regional health directorates to regularize the work of the coordinators. SMRC support visits made to Surkhet, Dailekh, Banke and Bardia.
- Participated in qualitative analysis of SDIP impact evaluation and in Newborn Care Package's monitoring workshop organized by CHD and SCF -USA.
- Finalized TOR to develop SDIP financial monitoring software.
- Prepared the six monthly SDIP progress report.



**SSMP/NEPAL**

Support to the Safe Motherhood Programme

## List of Acronyms

AAN	ActionAid Nepal
BCC	Behaviour Change Communication
BEOC	Basic Emergency Obstetric Care
BPP	Birth Preparedness Package
CEOC	Comprehensive Emergency Obstetric Care
CFUG	Community Forest User Group
CHD	Child Health Division
CREHPA	Centre for Research in Environment Health and Population Activities
DACAW	Decentralised Action for Children and Women
DoHS	Department of Health Services
D/PHO	District/ Public Health Officer
DUDBC	Department of Urban Development and Building Construction
E A	Equity and Access
EASO	Equity and Access Support Organisation
FA	Financial Aid
FCHV	Female Community Health Volunteers
FHD	Family Health Division
FP	Family Planning
HMIS	Health management Information System
HSR-SP	Health Sector Reform - Support Programme
IEC	Information Education and Communication
JAR	Joint Annual Review
JHU/CCP	Johns Hopkins University Bloomberg School of Public Health/ Centre for Communication Programmes
LMD	Logistics management Division
MD	Management Division
MoHP	Ministry of Health and Population
MSI	Marie Stopes International
MVA	Manual Vacuum Aspiration
NDHS	Nepal Demographic and Health Survey
NESOG	Nepal Society for gynaecologists and Obstetricians
NFE	Non Formal Education
NGO	Non Government Organisation
NHEICC	National Health Education Information Communication Centre
NHTC	National Health Training Centre
NPC	National Planning Commission
NSI	Nick Simons Institute
PHN	Public Health Nurse
PNC	Post Natal Care
RH	Reproductive Health
RHCC	Reproductive Health Coordination Committee
SAS	Safe Abortion Service
SBA	Skilled Birth Attendant
SDIP	Safe Delivery Incentives Programme
SEDC	Safe and Effective Development in Conflict
SHP	Sub Health Post
SMNF	Safe Motherhood Network Federation
SMNH	Safe Motherhood and Newborn Health
SSMP	Support to the Safe Motherhood Programme
TC	Technical Cooperation
TCIC	Technical Committee for Implementation of Comprehensive Abortion Care
TUTH	Tribhuvan University Teaching Hospital
UMN	United Mission to Nepal
UNFPA	United Nations Fund for Population Activities
UNICEF	United Nations Children's Fund
VDC	Village Development Committee